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Vij's At Home: Relax, Honey: The Warmth And Ease Of Indian Cooking



Synopsis

The team behind the world famous Vijâ™s and Rangoli restaurants in Vancouver have an approachable follow-up to their award-winning, bestselling cookbook Vijâ™s: Elegant and Inspired Indian Cuisine. The easily adaptable, versatile recipes in Vij's at Home are tailored for busy households like theirs. Meenu and Vikram share how to prepare flavorful vegetarian dishes that go from stove to plate in less than 45 minutes as well as easy Indian seafood, poultry and meat dishes that come together in 20 minutes then simmer while the home chef sits down with a glass of wine, or helps the kids with their homework. Interspersed throughout, the endearing couple share aspects of the home life of busy restaurateurs, who still manage to cook with their daughters, eat at the dining room table and throw parties for friends. Pull up a chairâ "Meenu and Vikram invite you to dinner.

Book Information

Paperback: 232 pages

Publisher: Douglas & McIntyre (April 1, 2011)

Language: English

ISBN-10: 1553655729

ISBN-13: 978-1553655725

Product Dimensions: 0.8 x 8.2 x 11.8 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (18 customer reviews)

Best Sellers Rank: #348,941 in Books (See Top 100 in Books) #117 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Indian #3914 inÂ Books > Cookbooks, Food & Wine > Regional & International

Customer Reviews

This is THE greatest cookbook I've ever used or owned! I cook from this every week, typically a few times a week. I can't get enough - EVERY recipe was a whopping success (though I too can't get the oven-baked chicken with yogurt recipe to not curdle, but it didn't matter - it tasted like heaven anyway!). BUY EVERY RECOMMENDED SPICE/INGREDIENT. You can find them online, in specialty shops, or for the cheapest option, go to the Indian grocer! I had never used kokum before - I had never even heard of it. NOW, it's one of my all-time favourite tastes! Amazing! :) Same with amchur/amchoor ("green mango powder"). THIS is that TASTE you get when you eat out at an Indian restaurant but can never quite replicate it yourself at home. Well, you can when you have the

right ingredients! BUY the spices - it's really the only way your Indian food will taste Indian (not buying these spices would be like cooking Italian with garlic but missing out on oregano, basil, nutmeg....!). :) It's really not that huge an investment if you shop around and find an Indian grocer (or try online). Stock up. I've eaten at Vij's famous restaurant quite a number of times - THESE ARE THE DISHES THEY SERVE! :) So if you can't go in person, just get this book! It's so well-written - everything is explained in great detail. If you read it, you can do it! :) I also enjoy the anecdotes they share as to the genesis of some of the recipes. The only drawback I've found is 'substitution'. If you decide to leave out ingredients (say a hard to find one), and/or substitute following their suggestions, it's never quite as good. But if you get the darn spices (just trust me on this!), you really CANNOT go wrong!

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